



VASCARE®

East Texas Surgical Associates, PA
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Patient Demographics

PATIENT INFORMATION:

Patient Name: _____ **SS#** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____

Date of Birth: ___/___/_____ **Sex:** Male Female **Marital Status:** Married Single Divorced Widowed

Race: American Indian or Alaskan Native, Asian, Black or African American, Caucasian, Chinese, Filipino, Hispanic, Japanese, Multi-racial, Native, Hawaiian, Pacific Islander, Other, Undetermined, Pt Declines

Language: English, French, German, Japanese, Korean, Latin, Spanish, Vietnamese, Patient Declines

Ethnicity: Hispanic or Latino, Not Hispanic or Latino, Patient Declines to State

Employer (if applicable): _____ **Occupation:** _____

Employment Status: Full-time, Part-time, Housewife, Unemployed, Retired

Student Status: Full-time, Part-time

Pharmacy Name / Location: _____ **Patient Email Address:** _____

RESPONSIBLE PARTY INFORMATION: (complete only if different from patient)

Guarantor: _____ **Date of Birth:** ___/___/_____ **SS#** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____

Emergency Contact: (or someone not in your household)

Name: _____ **Relation:** _____

Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____

INSURANCE INFORMATION:

Primary Insurance Name: _____

Policy #: _____ **Group:** _____

Name of Insured: _____ **Date of Birth of Insured:** ___/___/_____

Secondary Insurance Name: _____

Policy #: _____ **Group:** _____

Please Give Insurance Card(s) and Driver License to Front Des



Health Assessment and History

Name: _____ Date: ____/____/____
DOB: ____/____/____ Age: _____ Sex: _____ Height _____ Weight _____

CHIEF COMPLAINT:

Primary Care Physician: _____ Phone: _____

Home Health Agency: _____ Phone: _____

Pharmacy: _____ Phone: _____

CURRENT MEDICAL CONDITIONS: (example: High blood pressure, Diabetes)

Illness / Condition	Date	Illness / Condition	Date

SURGICAL HISTORY: (example: Hysterectomy, Appendectomy, Stent, Angiogram?)

Surgery	Date	Surgery	Date

HOSPITALIZATIONS: (Have you ever had a serious illness requiring a hospital stay other than surgery?)

Reason	Year	Hospital	Reason	Year	Hospital

Current Medications: (Please list prescriptions, over the counter, vitamins, herbs, etc)

Medication	Dose	How often	Medication	Dose	How often

Allergies: Are you allergic to any medications, food, environmental, IODINE, SHELLFISH, LATEX or other substances? Please specify allergy and reaction

No Known Allergies

Allergy	Reaction	Allergy	Reaction

Have you, or a blood relative, had a reaction to anesthetic? Yes No

If yes, please explain: _____

**Social History:**

Occupation: _____ Full-time, Part-time, Retired, Homemaker, Unemployed, Disabled

Alcohol Use Screening:

<input type="checkbox"/> No	<input type="checkbox"/> Yes
	How often did you have a drink containing alcohol in the past year? <input type="checkbox"/> Monthly or less <input type="checkbox"/> 2-4 times a month <input type="checkbox"/> 2-3 times a week <input type="checkbox"/> 4 or more times a week
	How many drinks did you have on a typical day when you were drinking in the past year? <input type="checkbox"/> 1 or 2 <input type="checkbox"/> 3 or 4 <input type="checkbox"/> 5 or 6 <input type="checkbox"/> 7 to 9 <input type="checkbox"/> 10 or more
	How often did you have 6 or more drinks on one occasion in the past year? <input type="checkbox"/> Never <input type="checkbox"/> Less than monthly <input type="checkbox"/> Monthly <input type="checkbox"/> Weekly <input type="checkbox"/> Daily or almost daily

Tobacco Use Screening:

<input type="checkbox"/> Nonsmoker	<input type="checkbox"/> Former Smoker	<input type="checkbox"/> Current Smoker
	How long has been since you last smoked? <input type="checkbox"/> 1-3 months <input type="checkbox"/> 3-6 months <input type="checkbox"/> 6-12 months <input type="checkbox"/> 1-5 years <input type="checkbox"/> 5-10 years <input type="checkbox"/> > 10 years	How often do you smoke cigarettes? <input type="checkbox"/> everyday <input type="checkbox"/> some days
		How many cigarettes a day do you smoke? <input type="checkbox"/> 5 or less <input type="checkbox"/> 6-10 <input type="checkbox"/> 11-20 <input type="checkbox"/> 21-30 <input type="checkbox"/> 31 or more
		soon after you wake up do you smoke your first cigarette? <input type="checkbox"/> within 5 minutes <input type="checkbox"/> 6-30 minutes <input type="checkbox"/> 31-60 minutes <input type="checkbox"/> after 60 minutes
		Are you interested in quitting? <input type="checkbox"/> Ready to quit <input type="checkbox"/> Thinking about quitting <input type="checkbox"/> Not ready to quit

Family History

- | | | |
|---------------------------------------|--|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Aneurysms | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Bleeding problems | <input type="checkbox"/> Leg swelling |
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> DVT (Blood Clots) | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Stroke / TIA | <input type="checkbox"/> Lupus | <input type="checkbox"/> Other: _____ |



Hepatic/Renal	Yes	No
Yellow Jaundice		
Hepatitis		
Cirrhosis		
Kidney Problems		
Blood in Urine		
Urinary Frequency		
Difficulty Urinating		
Mental	Yes	No
Anxiety		
Depression		
Agitation		
Excitability		
Forgetfulness		
Confusion		
Infectious Disease	Yes	No
HIV/AIDS		
Speech/Hearing	Yes	No
Language Problem		
Voice Problem		
Ringing in Ears		
Frequent Ear Inf.		
Hard of Hearing		
Deaf		
Dizziness		
Vision	Yes	No
Blind		
Cataracts		
Glaucoma		
Double Vision		
Blurring		
Pain (Eye)		
Low Vision		
Endocrine	Yes	No
Insulin Dependent Diabetes Mellitus		
Non-Insulin Dependent Diabetes		
Thyroid Disease		
Adrenal Disease		

Respiratory	Yes	No
Asthma		
Wheezing		
Shortness of Breath		
TB – History		
Emphysema		
Collapsed Lung		
Cardiovascular	Yes	No
Chest Pain		
Shortness of Breath		
Pacemaker		
Congestive Heart Failure		
Angina		
Heart Attack		
Bleeding Disorders		
Blood Clots (DVT/PE)		
Phlebitis		
Peripheral Vascular Disease		
Blood Transfusions		
Gastrointestinal	Yes	No
Abdominal Pain		
Diverticular Disease		
Blood in Stools		
Frequent Diarrhea		
Frequent Constipation		
Heartburn / Indigestion		
Nausea / Vomiting		
Special Diet		
Recent Weight Loss Amount Of Loss?		
Musculoskeletal	Yes	No
Arthritis		
Muscle Disease		
Physical limitation Cane/Walker		
Wheelchair/ Prosthesis		
Amputations/ Shoe Inserts		
Skin	Yes	No
Change in skin color		
Wounds		
Bruises		
Lesions		
Rash		

Neurological	Yes	No
Numbness / Tingling		
Paralysis		
Weakness		
Loss of Memory		
Seizures		
CVA / Stroke		
Headaches		
Pain	Yes	No
Having Pain?		
What Relieves It?		
Please explain any "Yes" answers from the above questions:		
Occupation:		
Last Flu Shot:		
Last Pneumonia Vaccination:		
Would you like for us to send your reports to your specialists?		
Please List your Specialists:		
Cardiologist(heart):		
Neurologist(nerve):		
Hematologist(blood):		
Rheumatologist(arthritis):		
Podiatrist(foot):		
Dermatologist(skin):		
Endocrinologist(hormone):		
Pulmonologist(lung):		
Pain Specialist:		
Wound Care:		

Patient: _____



Venous Health History

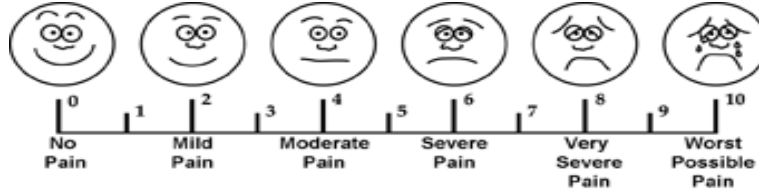
Patient Name: _____ DOB: ____/____/____

Do you experience any of the following in your legs?

	Left	Right	Comments (optional)
Aching / Pain	<input type="checkbox"/>	<input type="checkbox"/>	
Heaviness	<input type="checkbox"/>	<input type="checkbox"/>	
Tiredness / Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	
Itching / Burning	<input type="checkbox"/>	<input type="checkbox"/>	
Swollen Ankles	<input type="checkbox"/>	<input type="checkbox"/>	
Leg Cramps	<input type="checkbox"/>	<input type="checkbox"/>	
Restless Legs	<input type="checkbox"/>	<input type="checkbox"/>	
Throbbing	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Activities Affected by Legs: Walking, Shopping, Exercising, Cleaning, Cooking, Showering, Job Functions

What is the pain level in your legs? (select one)



Have you ever had the following?

	No	Left	Right	Date	Comments (optional)
Vein Stripping or Ablation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Vein Injections (Cosmetic)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Leg Ulcerations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Blood Clots (DVT / PE)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Phlebitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

- Do you have a family history of varicose veins? Yes No Who? _____
- Have your symptoms worsened in recent months? Yes No
- Do you take any medication for pain in your legs? Yes No What?_____ For how long?_____
- Do you elevate your legs for discomfort? Yes No How long? _____
- Do you exercise? Yes No How often? _____ Type? _____
- Do you wear / have you worn compression stockings? Yes No Rx or OTC? _____ How Long?_____
- Do you have difficulty walking? Yes No
- Does your occupation require prolonged standing? Yes No
- Does your occupation require prolonged sitting? Yes No



Arterial Health History

Patient Name: _____ **DOB:** ____/____/____

How long can you walk before developing leg pain?

- 1 city block 2 city blocks 3 city blocks indefinitely Other:

Where does the pain occur? Foot, Leg Below Knee, Thigh, Other:

What relieves the pain? Resting leg in down position Resting leg in elevated position

- Exercise: Medication: Other:

What makes the pain worse?

Have you ever had wounds on your: Foot Toe Leg Other: How long?

Did the wounds heal and return? Yes No

Do you have any prosthetics or implants? Yes, specify: No

Do you have a pacemaker? Yes No

Have you ever had the following tests?

Stress Test on the heart? Yes No When / Where? _____

MRI or CT scan? Yes No When / Where? _____

Angiogram of blood vessels? Yes No When / Where? _____

Lung function test / pulmonary function test? Yes No When / Where? _____

Heart catheterization / angiogram? Yes No When / Where? _____

Uterine Health History

Menstrual History

Length (Days #): _____ Heavy (Days #): _____ Pads Tampons Both

Frequency of change: _____ LMP: _____ 1st Menses (Age): _____

Pregnancies: _____ Live Births: _____ Miscarriages: _____ Elective Abortions: _____

Anemia Transfusions Blood Clots Frequency Constipation

Urinary Frequency Pelvic Pressure Pelvic Pain Other _____

Birth Control Pills: ____/____/____ Lupron / Depo-Provera: ____/____/____

Ob/Gyn: _____ **Last Pap Smear:** _____ **Comments:** _____



Patient Name: _____ **DOB:** ____/____/____

Special Needs: Cultural Communication Literate Developmental Religious
 Financial Foreign Language

Learning Style: Verbal Written Demonstration

PRESENT LIVING ARRANGEMENTS

Home Alone
 Home with Family / Caregiver (who) _____ Part-Time Full-Time
 Nursing Home (name) _____ Group Home (name) _____
 Other, Explain: _____ Are pleased with the care you are receiving: Y N

PERSONAL CARE NEEDS (Based on Health Status)

Do you currently need or will you need, help with the following (check all that apply):

Standing Walking Toileting Eating Wound Care Cooking
 Dressing Bathing Preparing Medications Transportation for health care needs

Explain: _____

DO YOU USE ANY OF THE FOLLOWING? (Check all that apply)

Dentures Uppers (Full / Partial) Dentures Lower (Full / Partial)
 Glasses / Contacts Braces or retainers
 Loose, chipped or cracked teeth Hearing Aids (R L Both)
 Capped teeth or bridge work Prosthesis / Implant
 Hospital Bed IV Therapy
 Respiratory treatments / Inhalers Oxygen ___L/minute
 Bi-Pap / C-Pap Other: _____

Advanced Directives – Please Bring with you	Yes	No	Explanation
Durable Power of Attorney	<input type="checkbox"/>	<input type="checkbox"/>	
Health Care Representative	<input type="checkbox"/>	<input type="checkbox"/>	
Do Not Resuscitate Document	<input type="checkbox"/>	<input type="checkbox"/>	
Living Will	<input type="checkbox"/>	<input type="checkbox"/>	
Life-Prolonging Procedures	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have any of the above documentation?	<input type="checkbox"/>	<input type="checkbox"/>	
Where is the copy of the document	<input type="checkbox"/>	<input type="checkbox"/>	

Questionnaire completed by

Relationship

Date



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SELF – QUESTIONNAIRE PATIENTS

Many people complain of leg pain. We would like to find out how often these leg problems occur and to what extent they affect the everyday life of those who have them.

Below is a list of symptoms, sensations and types of discomfort that you may or may not be experiencing and which might make everyday life hard to bear to a greater or lesser extent. **For each symptom, sensation or type of discomfort listed, we would like you to answer in the following way:**

Please consider whether you have experienced what is described in each sentence, and if the answer is 'yes', how **intense** it was. There are five response options. Please circle the one which best describes your situation.

Circle 1 if the symptom, sensation or discomfort described does not apply to you

Circle 2,3,4 or 5 if you have felt it to a greater or lesser extent

1) During the past four weeks, have you had any pain in your ankles or legs, and how severe has this pain been?

Circle the number that applies to you.

No Pain	Slight Pain	Moderate Pain	Considerable Pain	Severe Pain
1	2	3	4	5

2) During the past four weeks, how much trouble have you had at **work** or with your **usual daily activities** because of your leg problems?

Circle the number that applies to you

No Pain	Slight Pain	Moderate Pain	Considerable Pain	Severe Pain
1	2	3	4	5

3) During the past four weeks, have you **slept poorly** because of your leg problems, and how often? *Circle the number that applies to you.*

No Pain	Slight Pain	Moderate Pain	Considerable Pain	Severe Pain
1	2	3	4	5

During the past four weeks, how much **trouble** have you had **carrying out the actions and activities** listed below **because of your leg problems?**
For each statement in the table below, indicate how much trouble you have had by circling the number that applies to you.

	No trouble	Slight trouble	Moderate trouble	Considerable trouble	Could not do it
4) Climbing several flights of stairs	1	2	3	4	5
5) Crouching / Kneeling down	1	2	3	4	5
6) Walking at a brisk pace	1	2	3	4	5
7) Going out for the evening, going to a wedding, a party, a cocktail party...	1	2	3	4	5
8) Playing a sport, exerting yourself	1	2	3	4	5

Leg problems can also affect your spirits. How closely do the following statements correspond to how you have felt during the past four weeks?
For each statement in the table below, circle the number that applies to you

	No trouble	Slight trouble	Moderate trouble	Considerable trouble	Could not do it
9) I felt nervous/tense	1	2	3	4	5
10) I felt I was a burden	1	2	3	4	5
11) I felt embarrassed about showing my legs	1	2	3	4	5
12) I got irritated easily	1	2	3	4	5
13) I felt as if I was handicapped	1	2	3	4	5
14) I did not feel like going out	1	2	3	4	5